

Rekordy Igrzysk Lekarskich

stan na 20.09.2021

| konk. | kat. | Nazwisko i imię | wynik | waga sprzetu | rok | brak wyników |
|----------------|------|--------------------------|----------|-----------------|------|-----------------|
| KOBIETY | | | | | | |
| 60 | A | Gawlik Oliwia | 8,35 | | 2008 | |
| | B | Kowalska Patrycja | 9,34 | | 2008 | |
| | C | Sitarczyk Zając Elżbieta | 14,54 | | 2008 | |
| | D | Przyłuska Misia | 12,27 | | 2008 | |
| | E | | | | | |
| | F | | | | | |
| 100 | A | Gąsowska Małgorzata | 12,51 | | 2009 | |
| | B | Gąsowska Małgorzata | 12,35 | | 2017 | |
| | C | Zapolska Anna | 15,54 | | 2006 | |
| | D | Kędzierska Bożenna | 16,02 | | 2009 | |
| | E | | | | | |
| 200 | A | Gąsowska Małgorzata | 25,66 | | 2012 | |
| | B | Gąsowska Małgorzata | 26,23 | | 2017 | |
| | C | Jarlińska Bożena | 34,32 | | 2016 | |
| | D | Sender Jolanta | 36,64 | | 2012 | |
| | E | Simoni Międlar Zofia | 1:02,75 | | 2021 | |
| 400 | A | Gąsowska Małgorzata | 1:00,28 | | 2011 | |
| | B | Gąsowska Małgorzata | 1:05,84 | | 2017 | |
| | C | Stępień-Gielo Joanna | 1:23,50 | | 2006 | |
| | D | Kędzierska Bożenna | 1:25,49 | | 2009 | |
| | E | | | | | |
| 1500 | A | Gęca Ewa | 5,34,00 | | 2012 | 2004,2006 |
| | B | Michałowska Anna | 6:00,25 | | 2018 | |
| | C | Stępień-Wyrobiec Olga | 5:52,37 | | 2021 | |
| | D | Piela Małgorzata | 7:24,52 | | 2018 | |
| | E | | | | | |
| 3000 | A | Gęca Ewa | 12:13,46 | | 2012 | 2004,2006 |
| | B | Michałowska Anna | 13:31,78 | | 2018 | 2010 |
| | C | Stępień-Wyrobiec Olga | 12:36,19 | | 2021 | |
| | D | Piela Małgorzata | 15:01,76 | | 2018 | |
| | E | | | | | |
| skok w dal | A | Cerbińska Katarzyna | 5,11 | | 2021 | 2004,2007 |
| | B | Gąsowska Małgorzata | 4,71 | | 2016 | 2010 |
| | C | Kędzierska Bożenna | 3,72 | | 2005 | |
| | D | Kędzierska Bożenna | 3,30 | | 2009 | |
| | E | | | | | |
| skok wzwyż | A | Cerbińska Katarzyna | 165 | | 2021 | |
| | B | | | | | |
| | C | Fabijańska Dorota | 120 | | 2012 | |
| | D | | | | | |

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|----------|---|--------------------------|-------|---------|------|------|
| | E | | | | | |
| kula | A | Zemianek Monika | 9,58 | | 2012 | 2006 |
| | B | Radzik Eliza | 9,00 | | 2013 | |
| | C | Warzecha Beata | 7,83 | | 2010 | |
| | D | Warzecha Beata | 7,94 | | 2019 | |
| | E | | | | | |
| dysk | A | Kała Joanna | 26,44 | | 2011 | 2010 |
| | B | Radzik Eliza | 26,27 | | 2013 | |
| | C | Warzecha Beata | 18,67 | | 2014 | |
| | D | Fabijańska Dorota | 21,21 | | 2014 | |
| | E | | | | | |
| oszczep | A | Gawrońska Karolina | 21,68 | | 2014 | 2004 |
| | B | Gąsowska Małgorzata | 25,27 | | 2016 | |
| | C | Warzecha Beata | 19,51 | | 2012 | |
| | D | Warzecha Beata | 14,73 | | 2018 | |
| | E | | | | | |
| ciężarek | A | Łata Aleksandra | 8,87 | 7,26 kg | 2019 | |
| | B | Rozegnał-Madej Agnieszka | 8,70 | 7,26 kg | 2014 | |
| | C | Warzecha Beata | 9,10 | 7,26 kg | 2014 | |
| | D | Warzecha Beata | 10,36 | 5 kg | 2019 | |
| | E | | | 5 kg | | |

MEŹCZYŹNI

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|-----|---|-------------------|---------|--|------|
| 60 | A | Janek Radosław | 7,53 | | 2008 |
| | B | Albiniak Leszek | 7,51 | | 2008 |
| | C | Stecula Leszek | 7,99 | | 2008 |
| | D | Pełka Julian | 7,98 | | 2008 |
| | E | Krakowski Wiesław | 10,72 | | 2008 |
| | F | | | | |
| 100 | A | Michalak Maciej | 11,26 | | 2011 |
| | B | Romanek Robert | 11,84 | | 2004 |
| | C | Albiniak Leszek | 12,27 | | 2017 |
| | D | Stecula Leszek | 13,00 | | 2016 |
| | E | Pełka Julian | 14,10 | | 2016 |
| | F | Pełka Julian | 15,95 | | 2021 |
| 200 | A | Michalak Maciej | 23,15 | | 2012 |
| | B | Wasilewski Patryk | 25,47 | | 2017 |
| | C | Albiniak Leszek | 26,05 | | 2017 |
| | D | Stecula Leszek | 27,85 | | 2016 |
| | E | Pełka Julian | 29,81 | | 2016 |
| | F | Pełka Julian | 32,90 | | 2021 |
| 400 | A | Janik Krzysztof | 52,66 | | 2017 |
| | B | Romanek Robert | 55,51 | | 2004 |
| | C | Gawda Piotr | 1:00,05 | | 2012 |
| | D | Pełka Julian | 1:07,32 | | 2008 |
| | E | Pełka Julian | 1:10,94 | | 2016 |
| | F | Pełka Julian | 1:25,23 | | 2021 |

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|---------------|--------------|------------------------|----------|-------|------|-------------------------|-------------------|
| 1500 | A | Bzowski Daniel | 4:27,58 | | 2005 | 2004,2006 | |
| | B | Lubelski Łukasz | 4:41,02 | | 2013 | | |
| | C | Łabudzki Jacek | 4:53,98 | | 2005 | | |
| | D | Tarasij Ostrowierch | 5:12,57 | | 2003 | | |
| | E | Nowicki Marian | 6:23,76 | | 2009 | | |
| | F | Mikołajczyk Piotr | 6:58,14 | | 2013 | | |
| 5000 | A | Bzowski Daniel | 16:41,06 | | 2005 | 2003,2004 2006, 2010 | |
| | B | Lubelski Łukasz | 17:24,71 | | 2014 | | |
| | C | Łabudzki Jacek | 18,32,1 | | 2008 | | |
| | D | Foksa Marek | 21:30,77 | | 2012 | | |
| | E | Nowicki Marian | 23:18,25 | | 2011 | | |
| | F | Mikołajczyk Piotr | 24:12,75 | | 2013 | | ? |
| skok w dal | A | Michalak Maciej | 6,05 | | 2011 | 2010 | |
| | B | Albiniak Leszek | 5,84 | | 2008 | | |
| | C | Pudełko Marek | 5,46 | | 2003 | | |
| | D | Pełka Julian | 5,32 | | 2008 | | |
| | E | Pełka Julian | 4,86 | | 2016 | | |
| | F | Pełka Julian | 4,22 | | 2021 | | |
| skok wzwyż | A | Michalak Maciej | 165 | | 2012 | | |
| | B | Pólkowski Marcin | 176 | | 2021 | | |
| | C | Lemeshevsky Aleksander | 171 | | 2016 | | |
| | D | Kacała Andrzej | 147 | | 2019 | | |
| | E | Pełka Julian | 136 | | 2016 | | |
| | F | Pełka Julian | 130 | | 2021 | | |
| kula | A | Spaleniak Sebastian | 13,11 | 7,26 | 2014 | 2006 | 2003,2004 2005 |
| | B | Wojciechowski Piotr | 12,71 | 7,26 | 2009 | | |
| | C | Bońda Konrad | 13,12 | 6kg | 2016 | | |
| | D | Starzyk Jerzy | 12,56 | 5kg | 2012 | | |
| | E | Madej Stefan | 12,78 | 4kg | 2014 | | |
| | F | Madej Stefan | 12,18 | 4kg | 2019 | | |
| | F | Madej Stefan | 12,66 | 3kg | 2021 | | |
| dysk | A | Spaleniak Sebastian | 36,00 | 2kg | 2017 | 2010 | |
| | B | Spaleniak Sebastian | 34,56 | 2kg | 2021 | | |
| | C | Starzyk Jerzy | 32,00 | 2kg | 2010 | | |
| | C | Albiniak Leszek | 40,98 | 1,5kg | 2019 | | |
| | D | Starzyk Jerzy | 36,72 | 1,5kg | 2012 | | |
| | E | Madej Stefan | 34,91 | 1,0kg | 2014 | | |
| | F | Krukowski Zenon | 28,73 | 1,0kg | 2012 | | |
| oszczep | A | Wojciechowski Piotr | 44,61 | 800 | 2009 | | |
| | B | Wojciechowski Jacek | 44,33 | 800 | 2011 | | |
| | C | Bońda Konrad | 44,85 | 800 | 2018 | | |
| | C | Bońda Konrad | 42,70 | 700 | 2017 | | |
| | D | Gryckiewicz Aleksander | 41,74 | 700 | 2019 | | |
| | E | Madej Stefan | 42,89 | 600 | 2015 | | |
| | F | Madej Stefan | 36,73 | 600 | 2019 | | |
| F | Madej Stefan | 37,26 | 500 | 2021 | | | |

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|----------|---|---------------------|-------|----------|------|
| ciężarek | A | Spaleniak Sebastian | 11,58 | 15,88 kg | 2018 |
| | B | Bońda Konrad | 9,80 | 15,88 kg | 2014 |
| | C | Bońda Konrad | 14,16 | 11,34 kg | 2017 |
| | D | Starzyk Jerzy | 11,70 | 9,00 kg | 2014 |
| | E | Krukowski Zenon | 13,77 | 7,26 kg | 2015 |
| | F | Pełka Julian | 14,47 | 5kg | 2021 |

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1. Rekordy igrzysk bez części wyników (brak dostępu do wyników lub wagi sprzętu)
2. W kolumnach z prawej strony zestawienia wyszczególnione lata z których nie posiadam wyników lub określonej wagi sprzętu

Osoby posiadające brakujące wyniki, znające wagę sprzętu lub mające inne uwagi proszone są o kontakt z autorem zestawienia od 2019 r.

TABELA WAGI SPRZĘTU – MĘŻCZYŹNI

| Ka | Oszczep | Kula | Dysk | Ciężarek |
|----|---------|---------|--------|----------|
| A | 800 g | 7,26 kg | 2 kg | 15,88 kg |
| B | 800 g | 7,26 kg | 2 kg | 15,88 kg |
| C | 700 g | 6 kg | 1,5 kg | 11,34 kg |
| D | 700 g | 5 kg | 1,5 kg | 9 kg |
| E | 600 g | 4 kg | 1 kg | 7,26 kg |
| F | 500 g | 3 kg | 1 kg | 5 kg |
| O | 700g | 5 kg | 1,5 kg | 9 kg |

TABELA WAGI SPRZĘTU – KOBIETY

| Ka | Oszczep | Kula | Dysk | Ciężarek |
|----|---------|------|------|----------|
| A | 600 g | 4 kg | 1 kg | 7,26 kg |
| B | 600 g | 4 kg | 1 kg | 7,26 kg |
| C | 600 g | 4 kg | 1 kg | 7,26 kg |
| D | 500 g | 3 kg | 1 kg | 5 kg |
| E | 500 g | 3 kg | 1 kg | 5 kg |
| F | 500 g | 3 kg | 1 kg | 5 kg |
| O | 500 g | 3 kg | 1 kg | 5 kg |